

Karate

at Amenia Town Hall

Join 3rd Dan black belt Mark Davis in learning
the Korean art of Tang Soo Do

Work on flexibility, strength, balance, self-defense,
sparring, discipline and forms

A great family activity

Mondays: upstairs in Amenia Town Hall

5 & 6 yrs

6:00 to 7:00 PM

7 yrs to adult

7:00 to 8:00 PM

\$80 for 10 weeks 1st family member

\$60 for each additional family member

I have been taking karate for 14 yrs and I am affiliated with US Martial arts
in Woodbury Ct. I have been teaching karate in Amenia since Oct. 2015

Contact me at **203-525-1058** for more info